



Anna Kalvelage

From my very first encounter with the mandala, Tibetan Energy Work (TE®) has captivated me. For me, TE® is both map and path at the same time. It provides a key to understanding life's connections and opens many gateways that invite us to get closer to our true nature and our freedom.

It fills me with profound joy and gratitude to share this precious gift and to bring this method to the world.

Contact

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Registration for the training
welcome@tibetische-energiearbeit.de

Further information
www.tibetische-energiearbeit.de



Tibetan Energy Work

based on the system
of the 24 inner lights



Practitioner Training in Berlin
Start: February 2027

Training

Instructor Anna Kalvelage
Co-Instructor Rolf Bergmeier
Assistants Anna Baumgart
Tonia Aurfali-Lindner

Dates

February 5-7, 2027 (basic weekend)
April 1-4, 2027 (4 days)
May 24-29, 2027 (summer week)
August 19-22, 2027 (4 days)
Total duration of training 16 days

Location

Grüne Oase
Zur Grünen Oase 1
14656 Brieselang OT Bredow
60 train min / 45 car km
from Berlin main station

Course Fee

total, incl. 1st weekend: 3.520 €
1st weekend only: 440 €
Accommodation and meals are available
but not included.
*Payment in installments / reduced fees
can be arranged.*

**The basic weekend is an invitation to
get to know both each other and the
practice of TE®.**

**By the end of the weekend you can
decide whether you wish to commit
to the full training.**

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Tibetan Energy Work (TE®) distinguishes
between 24 energy channels or organs.
Each of these can be addressed through
specific points on the body.

During a session, the client lies on a mat
while the practitioner works with the
corresponding points. This creates a deep
connection of two energetic systems.
Silence and connectedness allow profound
healing transformation and integration.

In the human energy system
all wisdom is contained.

Content of the Training

- The 24 Organs
*The main focus of the training lies on
learning, understanding, and
experiencing these 24 inner energy
sources with their themes, potentials,
treatment points, symptoms, and
cascades.*
- Origin and history of the method
- Diagnosis, treatment and exchange
- The 4 levels
- The 6 waves and 2 pyramids
- The 7 subtle bodies
- Treatments according to the "left and
right eye"
- Complementary organs and axes
- Correspondence of organs and
vertebrae
- The Tibetan calendar of the 24
organs (Chi Chai)
- Questions arising from practice

**The training is intended for those
who are on a path of luminous
healing, who wish to accompany
others with compassion using this
method, and who are ready to
embrace their own profound
processes.**